

How to Download Happify App for Cigna

Cigna Members:

- Download the free app on your work phone by going to www.happify.com/Cigna
- Login with your mycigna.com username and password
- **Do not go to the app store directly**



Non-Cigna members :

- Go to the app store on your work phone
- Download the Happify App
- You will use the limited free version